

Child Dissociative Checklist (CDC V 3.0) Scoring and Copyright Information

Copyright

The **Child Dissociative Checklist (CDC)** is a parent-/informed observer-report clinical screening/research measure for dissociative symptoms and behaviors in children ages 5 to 12 years. The CDC is a **public domain document** and may be copied and used without restrictions or fees. We only ask that if you change the items, wording and/or the answer format, that you give the new instrument a different name that is sufficiently distinctive such that others will not mistake your measure for the original CDC. Thank you.

Scoring

The CDC score is the sum total of the endorsed items. The CDC should be completed by someone who is familiar with the child's behavior over time and context – e.g., a parent, teacher or frequent caretaker. If 3 or more items are not endorsed, the measure is considered invalid for research purposes – although clinicians may take into account that some informants (e.g., teachers) may not be privy to dissociative behaviors typically manifest in home settings. Ideally, when an item is endorsed as a 2, the clinician/research assistant should ask the respondent for examples to determine if the child's behaviors are in line with the intention of the item.

Based on research, overall **scores of 12 or greater should be considered in the pathological range.** The CDC is not a diagnostic instrument, however, and a diagnosis is dependent on clinical evaluation.

CDC Scores by Diagnostic Group*

Diagnostic Group	Age (Years)	Mean	SD	N
Normal	5 - 8	3.2	2.9	54
	9 - 11	2.9	1	42
Maltreated	5 - 8	10.3	8.7	39
	9 - 11	6.1	6.5	87
MPD/DID	5-8	24.1	8.5	9
	9-11	23.8	9.7	12
DDNOS	5 - 8	21.4	9.1	19
	9-11	16.5	6.9	8

*Data from Putnam. Dissociative Disorders in Children and Adolescents, Guilford, NYC, 1997.